

"Don't dwell on what went wrong. Instead, focus on what to do next. Spend your energies on moving forward toward finding the answer."

EASY CHICKEN AND DUMPLINGS



INGREDIENTS

- 2 tablespoons butter
- 1 large yellow onion, diced
- 3 stalks celery, sliced
- 1/2 cup matchstick carrots
- 2 cloves garlic, minced
- 3 cups cooked and shredded chicken
- 8 oz evaporated milk
- 1 (10.5 oz) can of cream of chicken
- 40 oz chicken broth
- salt and freshly cracked black pepper, to taste
- 2 (16.3 oz) cans buttermilk biscuits
- 1/4 cup all purpose flour, optional

DIRECTIONS

In a large heavy bottomed pot, melt butter over medium-high heat. Add vegetables - onion, celery, carrots and garlic. Cook, stirring often until tender, about 6-8 minutes. Add the shredded cooked chicken, chicken broth, evaporated milk, and can of cream of chicken and bring to a simmer. Season soup to taste with salt and pepper. Cut the biscuits into quarters (each biscuit will be sliced into 4 equal pieces) and lightly toss them in flour. Add them to the pot and cook for about 8-9 minutes. Test one of the biscuits to ensure they have cooked through and are not raw in the middle. Once the biscuits are cooked through, serve immediately!

Fall Word Unscramble

- | | |
|--------------|-----------|
| 1. daehiy | 1. _____ |
| 2. sruenwfol | 2. _____ |
| 3. rrqusile | 3. _____ |
| 4. seleva | 4. _____ |
| 5. kare | 5. _____ |
| 6. derci | 6. _____ |
| 7. nmutua | 7. _____ |
| 8. pape | 8. _____ |
| 9. rseebpmte | 9. _____ |
| 10. uipnkpm | 10. _____ |
| 11. nroca | 11. _____ |
| 12. ycilhl | 12. _____ |

SEPTEMBER 2020

September is one of the warmest months in the Southern United States. Northern states have warm September days, but the nights get much cooler. It is also harvest time for crops. And, in Switzerland, it's called Harvest Month.

BIRTHSTONE: Sapphire

FLOWER: Morning Glory

HOLIDAYS/EVENTS:

7th- Labor Day

INTERESTING FACTS:

- 1620 - The Pilgrims sailed from Plymouth, England, on the Mayflower to settle in North America.
- 1892 - The Pledge of Allegiance was first published by the Youth's Companion Magazine - "I pledge allegiance to my Flag and the Republic for which it stands, one nation, indivisible, with liberty and justice for all."
- 1937 - J. R. R. Tolkien's The Hobbit was published
- 1928 - Mickey Mouse's first screen appearance - Steamboat Willie at the Colony Theater NYC.
- 1948 - The United Nation's World Health Organization was founded.
- 1974 - President Ford announced conditional amnesty for Vietnam War deserters and draft evaders.
- 1976 - A UFO was reportedly seen over Tehran, Iran. Two F-4 Phantom II jets lost power during a chase.
- 1982 - The United States Air Force Space Command was founded.
- 1984 - Bette Midler & Dan Aykroyd hosted the first VMAs (Video Music Awards) on MTV.
- 1985 - The remains of the Titanic, sunk by an iceberg in 1912, were discovered in the North Atlantic.
- 1995 - eBay was founded.
- 1998 - Google was founded by Stanford University students Larry Page and Sergey Brin.
- 2001 - Terrorist crashed two planes into the twin towers of the World Trade Center in New York City. A third aircraft was crashed into the Pentagon and a fourth plane crashed in Somerset County, Pennsylvania.



STEPPING STONE

MID-STEP SERVICES EMPLOYEE NEWSLETTER

INSIDE:

- Milestones, Birthdays, New Hires 2
- Employee Spotlight 3
- Recipe 4

LIQUIDATION SALE

STAFF IS INVITED TO SHOP ITEMS AT THE BALLOON SHOP THURSDAY, SEPT. 3RD FROM 11AM TO 3 PM

SEPTEMBER 2020



Direct Support Professional **RECOGNITION WEEK**
September 13 - 19, 2020

Appreciation TShirt Order Forms coming soon!

Our outstanding Direct Support Professionals are the backbone of our work here at Mid-Step Services. DSPs make vital contributions to our communities. Through their dedication, creativity, advocacy and boundless energy, our DSPs ensure people with disabilities have the necessary supports to live, work, and enjoy life more independently in the community! Thank you to all our Direct Support Professional Staff!

HAPPY RETIREMENT TO Betty Kluver & Bonnie Jones
THANK YOU
FOR YOUR YEARS OF SERVICE WITH MSS



Progress on the new site for the future Pier Center for Autism!



4303 STONE AVE, SIOUX CITY, IA 51106 | 712-274-2252 | MIDSTEPSERVICES.COM



MISSION STATEMENT: At Mid-Step Services, we are dedicated to providing residential, vocational, educational, and recreational services to people with intellectual disabilities in a caring, supportive environment where each individual is encouraged to reach his or her highest potential.

VISION STATEMENT: Mid-Step Services, Inc. will be the most respected service provider in the state; known for the opportunities we provide to consumers, employees, and families.



SEPTEMBER Happy Anniversary! MID-STEP MILESTONES

ONE YEAR

Rahmo Abshir, 9th
Celi Ortega, 9th
Rosa Romero Flores, 9th
Vickie Haire, 16th
Xavier Spann, 16th
Tammy Torres, 17th
Yarely Sanchez Flores, 23rd
Jonathan Winslow Duehr, 30th

TWO YEARS

Madina Mahamed, 4th
Lindsey Sexton, 10th
Marcia Naberhaus, 26th

THREE YEARS

Kristina Mothershead, 5th
Shameka Hunt, 11th

FOUR YEARS

Eric Reynolds, 19th

SIX YEARS

Michael Jenkins, 15th

SEVEN YEARS

Victor Gonzalez, 16th
Lisa Hollowell, 23rd
Teresa Mapes, 23rd
Jessica Schrauth, 30th

NINE YEARS

Cari Sonney, 19th

TWELVE YEARS

Karen Mathisen, 2nd

FOURTEEN YEARS

Andrea Thompson, 8th

EIGHTEEN YEARS

Melissa Klein, 20th

TWENTY FOUR YEARS

Jane Stephenson, 20th

THIRTY TWO YEARS

Tamra Villegas, 12th

FORTY THREE YEARS

Gary Turbes, 26th

EMPLOYEE SPOTLIGHT

**Tanya Giffin is the Program Coordinator at Parkview Homes House 3
She has been with MSS for 20 years**

What do you enjoy most about your job? **Seeing the members succeed, making the members happy and every day is a new day**

What are some activities that you have participated in with members or at the agency that you have really enjoyed?
Halloween Dances, Member Vacation Day because the members are so excited for them.

Which restaurant or fast food establishment is your favorite? **Red Lobster**

What is your favorite movie or TV show? **Empire Records, Drop Dead Fred, Chicago Fire, Pd, & Med**

What is your favorite sports team? **Kansas City Chiefs**

What is your favorite music or song? **Classic Rock, Queen, The Cars, Rolling Stones. Or 80's Pop**

What do you enjoy doing when you're not at work? **Watching TV with my boyfriend or hanging with my bestie Amanda**

Do you have children, grandchildren, spouse or pets you would like to mention? **Boyfriend - Heath, Kids-Brodie, Elizabeth, and Karsin. Three Dogs - Thor, Loki, & Viktor. Leopard Gecko - Leon and 75 gallon tank full of fish**

Tanya Giffin



WELCOME NEW HIRES

LEECH
Jenny Phillips, HCBS Asst

SOUTH CYPRESS
Jessa Walker, ADV HCBS
Christine Steiner Seaton, ADV HCBS

SOUTH MULLBERRY
Michelle Andersen, HCBS Asst

SOUTH ROYCE
Hindi Osman, RLA

SOUTH MAPLE
Nancy Huynh, HCBS Asst

CHEROKEE
Aubrey Harkins, HCBS Asst.
Thersia Fuhrman, HCBS Asst.

LATON
Ongbe Ble, HCBS Asst.

ST. MARY'S
Ethan Jones, HCBS Asst.

SOUTH RUSTIN
Maria Garcia, HCBS Asst.

PARK VIEW
Naomi Montague, RLA
Sydney Patten, RLA
Heather Lillard, Cook
Jacob Moeller, Diet Aide
Rebecca Nzoko, Diet Aide
Jessica Moeller, Cook
Tanya Reyes, RLA
Sebistine Nyanumba, LPN
Hailey Knapp, Diet Aide
Sabrina Henry, RLA

COURAGE
Tamira Creed, RLA
Shyanne Victoria, RLA
Kelsey Butts, Res Super
Tieonna Everett, Res Super
Rachel Kalonda, RLA
Gail Rider, BS Tech
Amodou Napo, HCBS Asst
Whisper Payer, RLA

BLUFFVIEW
Sandra Johnson, RLA
Marcy Ellard, RLA

PIER CENTER
Breanna Swanger, BEH. Tech

SEPTEMBER BIRTHDAYS

Breanna Swanger, 2nd
Michal Widjaja, 2nd
Susan Worrell, 2nd
Kea Malloy, 3rd
Rubi Cancino, 6th
Kermina Ibrahim, 8th
Aboudou Tahilou Songai, 9th
Sabrina Henry, 11th
Thersia Fuhrman, 12th
Marilyn McCormack, 13th
Schleena Jackson, 15th
Gail Rider, 15th
Tieonna Everett, 16th
Traci Llanos, 16th
Katzia Guerrero, 16th
Susan Elgert, 16th
Vickie Haire, 17th
Melissa Vande Pol, 17th
Wesley Lauer, 19th

Christine Steiner Seaton, 21st
Davion Peters, 22nd
Melissa Reed, 22nd
Harley Kraai, 23rd
Kimberly Pittman, 24th
Erica Harlan, 24th
Nicole Zeman, 25th
Brandy Napier, 25th
Brooklyn Farrell, 25th
Jenifer Manker, 25th
Janet Turbes, 26th
Broderick Klaus, 26th
Elizabeth Penyich, 26th
Kristina Miller, 27th
Onkachi Vivian Chijioke, 29th
Carla Hanner, 29th
Darwin Boisen, 29th

Submissions needed for

STEPPING STONE

Email content, ideas, and feedback to
amhawkins@midstepservices.com



9-21

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Bill and
JEFF
KEANE

"Pretty soon the ice cream man is gonna have to go into hibernation."



Word Search



See how many of these newspaper related words you can find in the puzzle.
The words can be forward, backward or diagonal.

- | | | | |
|-------------|-------------------|----------------|--------------|
| 1. VOTING | 5. PRESIDENT | 9. DEMOCRACY | 13. ADS |
| 2. ELECTION | 6. LEADERS | 10. CANDIDATES | 14. TV |
| 3. POLLS | 7. SENATOR | 11. CAMPAIGNS | 15. RADIO |
| 4. BALLOT | 8. REPRESENTATIVE | 12. SIGNS | 16. POLITICS |