

"Light tomorrow with today." -Elizabeth Barrett Browning

RED VELVET-BLUEBERRY ICE CREAM PIE



DIRECTIONS

Scrape off and discard the frosting from the cupcakes; crumble the cupcakes into crumbs. Press all but 1/4 cup crumbs into the bottom and up the sides of a 9-inch deep-dish pie plate. Freeze 30 minutes.

Meanwhile, let the ice cream and sorbet soften at room temperature, about 15 minutes. Spread the ice cream evenly over the crust using an offset spatula or rubber spatula; spread the sorbet on top. (Return the pie to the freezer between layers if the ice cream gets too soft.) Freeze while you make the whipped cream.

Beat the heavy cream and confectioners' sugar in a large bowl with a mixer on medium-high speed until soft peaks form, about 3 minutes. Top the pie with the whipped cream and sprinkle the reserved cupcake crumbs around the edge. Freeze until firm, at least 4 hours or overnight.

INGREDIENTS

- 4 store-bought red velvet cupcakes
- 1 1/2 pints vanilla ice cream
- 1 1/2 pints blueberry sorbet
- 2 cups cold heavy cream
- 2 tablespoons confectioners' sugar

JULY 2020

July is the seventh month of the year in the Julian and Gregorian Calendars and one of seven months with the length of 31 days. It was named by the Roman Senate in honor of the Roman general, Julius Caesar, it being the month of his birth. Prior to that, it was called Quintilis.

**BIRTHSTONE:** Ruby

**FLOWER:** Water Lily

**HOLIDAYS/EVENTS:**

4th - Independence Day

INTERESTING FACTS:

The Tour de Donut is a 30 mile bike race in Illinois where riders take 5 minutes off their time for each donut they eat along the way.

1776 - The Continental Congress adopted a resolution severing ties with the Kingdom of Great Britain.

1798 - The Sedition Act became law in the United States, making it a federal crime to write, publish, or utter false or malicious statements about the United States government.

1862 - Lewis Carroll told 10-year-old Alice Liddell a story that was the basis for Alice's Adventures in Wonderland, published in 1865.

1874 - The Sholes and Glidden typewriter, the first commercially successful typewriter, went on sale.

1881 - The world's first international telephone call was made between St. Stephen, New Brunswick, Canada, and Calais, Maine, United States.

1886 - The New-York Tribune became the first newspaper to use a linotype machine, eliminating typesetting by hand

1903 - The first Tour de France bicycle race began.

1908 - SOS was adopted as the international distress signal. Three dits, three dahs, and three dits - SOS is the only nine-element signal in Morse code.

1942 - Anne Frank and her family went into hiding in the "Secret Annexe" above her father's office in an Amsterdam warehouse

1955 - Disneyland was dedicated and opened by Walt Disney in Anaheim, California.

1962 - The first Wal-Mart store opened in Rogers, Arkansas.

1963 - ZIP codes were introduced for US mail.

1969 - In a live transmission from the Moon was viewed by 720 million people around the world, with the landing of Apollo 11, at 10:56 p.m. EDT, Neil Armstrong and Buzz Aldrin stepped onto the surface of the Moon, live on international television.

1969 - The United States' \$500, \$1,000, \$5,000 and \$10,000 bills were officially withdrawn from circulation.

1984 - The national drinking age in the United States was changed from 18 to 21

Celebrate a SAFE & HAPPY JULY 4TH! Word Search



See how many of these newspaper related words you can find in the puzzle. The words can be forward, backward or diagonal.

- 1. FOURTH
- 2. JULY
- 3. HOLIDAY
- 4. FLAG
- 5. DAY
- 6. PICNICS
- 7. FIREWORKS
- 8. SAFETY
- 9. CELEBRATION
- 10. PARADES
- 11. FAMILY
- 12. DECLARATION
- 13. INDEPENDENCE
- 14. AMERICA
- 15. PATRIOTIC
- 16. FREEDOM



**INSIDE:**

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**EARN MORE rewards!**

You **love** working for Mid-Step Services because your job is important and rewarding. You feel good that you are involved with the care of others. So spread the word! If someone you recommend joins Mid-Step Services for our **2nd shift**, which is any shift that begins in the PM, you will receive a **\$100 gift card** after that person has been here for one month. You will also earn **\$500** (if that person is full-time) or **\$250** (if part-time) after that person has been here for 3 months. If it is any other shift, you will receive a **\$25 gift card** after that person has been here for one month. You will also earn **\$500** (if that person is full-time) or **\$250** (if part-time) after that person has been here for 3 months.

JULY 2020



**to our Mid-Step Services staff. For all you have been doing to enhance and enrich the lives of our members, especially during this unusual time. You are greatly appreciated!**

**Flexible Spending Accounts**

**SAVE MONEY!**

Please keep in mind that in all employees will have a chance to sign up to participate in our flexible spending account program until July 7th. This benefit can save **almost any employee money** on certain health care expenses, and here's how it works. You choose an amount to withhold from your paycheck each pay period, up to \$2000 per year. State and federal income taxes and social security taxes are not withheld from this money. You can use it for qualified healthcare expenses that are not paid for by insurance throughout the year. As an example, you may know that you have to pay out of pocket \$40 per month for prescription drugs, and that you will have to buy a pair of glasses that will cost you \$200. You also anticipate that you will have to pay \$100 next year for out of pocket doctor's visits. The total of these expenses is \$780. By withholding \$30 per pay period for the 26 pay periods in the year, at any time between July 1, 2020 and June 30, 2021 you can turn receipts for qualifying healthcare expenses that are not reimbursed by insurance in to Sandi Miller and she will give you a check for the expense. By the end of the year, if you are in a 15% federal income tax bracket and a 5% state income tax bracket, and saving the 7.65% social security tax, you will have just saved yourself \$215 (27.65% of \$780)!

This benefit is **grossly underutilized** at Mid-Step services. The bottom line is that you can save paying income and social security taxes on unreimbursed medical expenses that you would ordinarily pay for anyway. Why pay for these expenses with money that you have already paid 20% or more taxes on??? Please direct any questions you may have on how this program works to Sandi Miller.

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**MISSION STATEMENT:** At Mid-Step Services, we are dedicated to providing residential, vocational, educational, and recreational services to people with intellectual disabilities in a caring, supportive environment where each individual is encouraged to reach his or her highest potential.



**VISION STATEMENT:** Mid-Step Services, Inc. will be the most respected service provider in the state; known for the opportunities we provide to consumers, employees, and families.

# JULY Happy Anniversary! MID-STEP MILESTONES

## ONE YEAR

Jennifer Benjamin, 1st  
Larryce Harper, 1st  
Josie Christensen, 1st  
Samantha Juhl, 1st  
Davion Peters, 8th  
Abigail Jones, 15th  
Amiah Manning, 15th  
Nyamal Jock, 22nd  
Emma Blanche, 29th

## TWO YEARS

Melat Muzollo, 16th  
Susan Elgert, 23rd  
Mohamed Osman, 30th  
Tammy Farrell, 30th

## THREE YEARS

Mary Bertram

## FOUR YEARS

Andrea Prior, 11th  
Wendi Keokenchanh, 14th  
Jamielee Thomas, 25th

## SIX YEARS

Elsie Hines, 28th

## EIGHT YEARS

Melissa Lara, 2nd  
Makayla Mullally, 16th

## SIXTEEN YEARS

Lola Aguilera, 6th

## NINETEEN YEARS

Pamela Mannion, 20th

## TWENTY YEARS

Tanya Giffin, 7th

## TWENTY ONE YEARS

Sara Franco, 30th

# EMPLOYEE SPOTLIGHT

**Schleena Jackson is the Accounts Receivable Specialist at the Main Office  
She has been with MSS for 5 months.**

Schleena  
Jackson

What do you enjoy most about your job? **Knowing that I work for a company that makes a difference in the quality of life for the members that we serve.**

What are some activities that you have participated in with members or at the agency that you have really enjoyed?

**I enjoy getting to say Hi to the members that stop by the office. I look forward to getting to know everyone.**

What is your favorite color? **Green, Black**

Which restaurant or fast food establishment is your favorite?  **Scooters, Fuji Sushi, Shahi Palace**

What is your favorite movie or TV show? **The Crown, Marvelous Ms. Maisel, Killing Eve**

What is your favorite sports team? **Our "Family" Team is the Eagles. I also like the Chiefs and Vikings.**

What is your favorite music or song? **Fleetwood Mac**

What do you enjoy doing when you're not at work? **Hanging out with my family, reading, watching movies, traveling to new places, playing board games and video games with my kids and spending time outside.**

Do you have children, grandchildren, spouse or pets you would like to mention? **I have been married to my husband Jacob for 12 years. I have three children. My daughter Evey is eleven years old. My boys are Desmond and Harley they are eight and five years old.**



# WELCOME NEW HIRES

## SPRING HILL APARTMENTS

Corrinn Thompson, HCBS Asst.  
Candy Lopez, HCBS Asst.

## SOUTH WESTCOTT

Alexis Hilson, HCBS Asst.

## PARK VIEW

Ashley Aesoph, RLA  
Quest Lee, RLA  
Sandra Evans, RLA  
Sandra Hatting, RLA  
Tricia Kearnes, Bs Tech  
Angel Gayetaye, Diet Aide  
Anamie Nsimba, RLA

## COURAGE

Yadira Barrientos, RLA  
Cory Harder, RLA  
Ericela Rodriguez, RLA  
Onyekachi Vivian Chijioke, LPN

## BLUFF VIEW

Sara Verzani, RN  
Elizabeth Benton, RLA  
Nyaryck Malout, RLA  
Nyaraak Chei, RLA  
Breana Fouts, RLA  
Kayla White, RLA

# JULY BIRTHDAYS

Terry Strimm, 1st  
Jeremiah Gray, 2nd  
Kelsey Abramo, 2nd  
Rosa Romero Flores, 3rd  
Mary Timblin, 3rd  
Libertee Simpson, 4th  
Mindy Cline, 5th  
Lauri Iddings, 6th  
Jauelin Montiel Gonzalez, 6th  
Tina Cobbs, 7th  
Susan Mcintosh, 7th  
Sonya Powell, 8th  
Jessica Halder, 8th  
Angie Patten, 9th  
Kayla White, 9th  
Yarely Sanchez Flores, 12th  
Patricia Tibboel, 13th  
Anamie Nsimba, 13th  
Sheila Michubu, 14th  
Abigail Jones, 15th  
Abigail Reed, 16th

Orlando Clemente Amaya, 17th  
Oludayo Ayodele, 17th  
Emma Blanche, 18th  
Natasha Weltz, 20th  
Cassandra Thompson, 20th  
Judy Houck, 20th  
Mary Jo Carnine, 22nd  
Jeremy Dittman, 23rd  
Kenny Johnson, 23rd  
Tayo Mcghee, 23rd  
Lucja Orzechowski, 23rd  
Joan Schneider, 24th  
Audrey Smith, 25th  
Jose Sanchez, 25th  
Kayla Schmidt, 25th  
Leslie Ritchie, 26th  
Latasia Zinn, 27th  
Corrinn Thompson, 28th  
Rebecca Larson, 29th  
Janet Omwansa, 30th

## THINGS TO DO for your people FROM HOME

Set up a virtual coffee date with a friend at least once per week.

Send a card in the mail instead of sending a text.

Leave a positive review for a product or service you purchased from a small business owner.

Leave a comment on a social media or blog post you enjoyed or thank the writer for sharing it with you.

Buy a gift from a small business owner and mail it to a friend.

Call a friend instead of having a conversations over a series of texts.

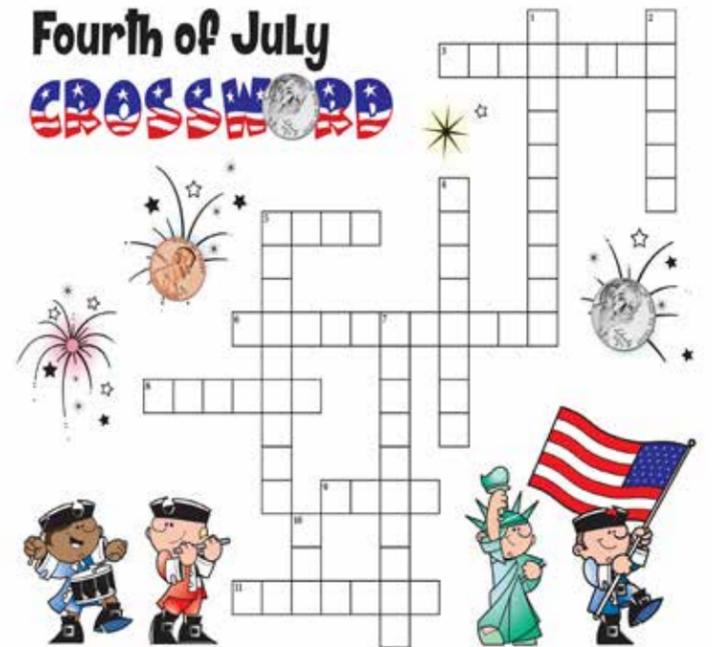
Call a parent, a grandparent, a cousin, a sibling, an aunt or uncle.

Write a story for a kiddo in your life, using their name as one of the characters.

## IN THE KNOW

## THANK YOU

Thank you to our die hard crew at Courage. Thank you for all your help. - Polly



**ACROSS**  
3. Fill in this famous quote common among Patriots: "No \_\_\_\_\_ without representation!"  
5. The Star-Spangled Banner was written about the American \_\_\_\_\_  
6. The \_\_\_\_\_ of Independence begins with "We the people."  
8. British tea was dumped into the harbor during the \_\_\_\_\_ Tea Party.  
9. The colors of the United States are red, white and \_\_\_\_\_.  
11. \_\_\_\_\_ is the power or right to act, speak, or think how you want.

**DOWN**  
1. This general went on to become our first president.  
2. The National \_\_\_\_\_ is sung before many sports events.  
4. There were \_\_\_\_\_ states in 1776.  
5. These things light up the sky on the Fourth of July.  
7. During the American \_\_\_\_\_, the colonies wanted to separate from Great Britain.  
10. A \_\_\_\_\_ dollar bill has George Washington on it.