

 recipe



MUSTARD BARBECUE RIBS

Submitted by:
Neil Petersen

STEP 1

Preheat oven to 200°. Stir together both mustards, maple syrup, brown sugar, mustard seeds, garlic, 1 teaspoon pepper and ½ teaspoon salt in a small bowl.

STEP 2

Remove thin membranes from back of slabs by slicing into the membrane with a knife and then pulling it off. (This will make ribs more tender.) Tear 2 pieces of heavy-duty aluminum foil long enough to tightly wrap ribs. Place foil on a baking sheet. Sprinkle ribs with remaining 1 teaspoon salt and ½ teaspoon pepper, and place on prepared baking sheet. Brush liberally with mustard mixture. Wrap ribs tightly with foil. Bake in oven 4 hours to 4 hours 30 minutes. Remove foil.

STEP 3

Heat grill to medium (about 400°). Place ribs on grill, and brush with more mustard mixture. Grill, uncovered, until mustard begins to caramelize, about 5 minutes. Turn ribs; brush with more mustard mixture, and grill, uncovered, for 5 more minutes. Turn and brush ribs 2 more times, until mustard mixture is well caramelized, about 5 minutes per side. Remove ribs from grill; let stand 5 minutes. Slice ribs between bones.

INGREDIENTS

- ½ cup yellow mustard
- ½ cup stone-ground mustard
- ½ cup pure maple syrup
- 2 tsp. light brown sugar
- 1 tsp. yellow mustard seeds, toasted
- 1 tsp. granulated garlic
- 1½ tsp. black pepper, divided
- 1½ tsp. salt, divided
- 3-4 lbs. baby back pork ribs (about 2 slabs)

 in the know

CONGRATULATIONS

Amanda Fitzgerald/RS & Ben Koch on the birth of their son Lennox 11/9/17
7 pounds 4 ounces
9.5 inches long

Aaron Widjaja and Ashlee Broker on their promotions to RLA II. Way to go!!

THANK YOU

BV staff for their awesome teamwork and working together while we are shortstaffed. We appreciate all you do!

WELCOME

S. Cypress welcomes Tammy Johnson, RN, to our team.

Have something to share?
email amhawkins@midstepservices.com

 marketplace

CEMETARY PLOT - CALL FOR PRICE

Located in Memorial Park
Contact *Todd at Impressions Print Shop*

Want to list an item?
email amhawkins@midstepservices.com

stepping stone

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Thank you to Mater Dei / Nativity, Immaculate Conception and Morningside Lutheran churches for making our members' Christmas very special. The members continued the tradition of adding on hand made ornaments to the tree at the main office.



Santa Claus stopped by Mid-Step Services to share a little holiday spirit with members and staff.

EVENT IS LIMITED TO 200 PEOPLE SO REGISTER QUICKLY!

ONLINE @
WWW.SUNNYBROOKCHURCH.ORG
OR CALL (712) 276-5814

YOU ARE INVITED...

NIGHT to Shine
SPONSORED BY THE **TIM TEBOW FOUNDATION**

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6 - 9 PM

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FOR MORE INFORMATION AND TO REGISTER, VISIT:

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PLEASE RSVP: NON TRANSFERABLE. FOR PEOPLE WITH SPECIAL NEEDS 54+



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MISSION STATEMENT: At Mid-Step Services, we are dedicated to providing residential, vocational, educational, and recreational services to people with intellectual disabilities in a caring, supportive environment where each individual is encouraged to reach his or her highest potential.



VISION STATEMENT: Mid-Step Services, Inc. will be the most respected service provider in the state; known for the opportunities we provide to consumers, employees, and families.





employee spotlight

TOM HUTCHESON

Tom Hutcheson is an RLA II at Courage Homes House 2. He has been with MSS for 5 years.

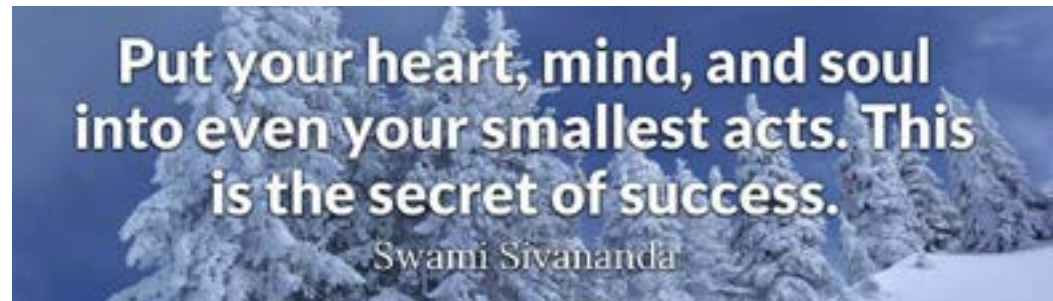
What facility or building did you work at and position did you have when you first came to MSS? **Courage Homes, RLA**
 What do you enjoy most about your job? **When members finally understand something or learn how to do something.**
 What are some activities that you have participated in with members or at the agency that you have really enjoyed? **played cards, games and put puzzles together.**
 Where/what is your favorite hangout? **Orchard**
 Which restaurant or fast food establishment is your favorite? **Outback**
 What is your favorite movie or TV show? **Good Western**
 Do you have a favorite sports team? **Hawkeyes**
 What is your favorite music or song? **Country Music**
 What do you enjoy doing when you're not at work? **Getting things done at home.**
 Do you have children, grandchildren, spouse or pet you would like to mention? **4 children, 12 grandchildren, 2 dogs.**

employee spotlight

BETTY KLUVER

Betty Kluver is a Coordinator at Southgate. She has been with MSS for 27 years.

What facility or building did you work at and position did you have when you first came to MSS? **Courage Homes as an RLA.**
 What do you enjoy most about your job? **The members, learning and teaching.**
 What are some activities that you have participated in with members or at the agency that you have really enjoyed? **Special Olympics, Picnics, out to eat, Dances and going fishing.**
 Where/what is your favorite hangout? **Bowling Alley. I started bowling at 14 with my dad. I bowled in the womens nationals in 1983 Las Vegas & 1988 Reno.**
 Which restaurant or fast food establishment is your favorite? **Hu Hot & Golden Coral**
 What is your favorite movie or TV show? **Andy Griffith, Weekend at Bernies, Seems like Old Times**
 Do you have a favorite sports team? **Not Really. I have 4 brothers that went to Iowa State and My Daughter went to Nebraska. They give her a hard time, so I stick up for her and choose Nebraska.**
 What is your favorite music or song? **Oldies. Favorite Song is Patches by Dickie Lee**
 Who is your favorite singer and/or band? **Simon & Garfunkel, Daniel O'Donnel, Kris Kristoferson**
 What do you enjoy doing when you're not at work? **Spending time with some family, going to plays, movies, out to eat, bowling.**
 Do you have children, grandchildren, spouse or pet you would like to mention? **Husband Jim, Daughter Connie, 3 Stepdaughters - Megan, Wendi & Laura, 1 Stepson- Andrew & 9 Grandkids.**



MID-STEP MILESTONES January Anniversaries

ONE YEAR

Ethan, Jones, 9th
 Citlalli Tovar, 16th
 Toni, Bolles, 19th
 Teresa Ramirez, 23rd
 Jessica Waderich, 23rd
 Kathleen Van Tol, 23rd
 Jessie Tucker, 30th

TWO YEARS

Travis Collyns, 6th
 Ikram Omar, 18th

THREE YEARS

Jana Sussex, 5th
 Traci Llanos, 5th
 Sean Peterson, 5th
 Kimberly Pittman, 5th
 Patricia Barnes, 26th
 Malissa Pierce, 26th
 Denna Schneider, 26th

SIX YEARS

Thomas Hutchenson, 9th
 Lauren Monk, 16th

SEVEN YEARS

Tricia Woods, 10th
 Christen Williams, 10th
 Layne Favors Manley, 17th
 Scott Smith, 31st

NINE YEARS

Tameka Williams, 12th

ELEVEN YEARS

Aurelie Karagi, 2nd
 Lorraine Anderson, 9th

TWELVE YEARS

Melanie Strong, 9th
 Edward Van Etten, 27th

FOURTEEN YEARS

Dana Brummond, 19th

FIFTEEN YEARS

Gary Smith, 20th
 Elizabeth Smyser, 27th

SIXTEEN YEARS

Jeremy Dittman, 18th

SEVENTEEN YEARS

Evelyn Chaney, 26th

EIGHTEEN YEARS

Barbara Topf, 7th
 Tiffany Bruntz, 21st

New Employees

PINNACLE APARTMENTS

Vy Duong, HCBS Assist.

SOUTH CYPRESS

Tammy Johnson, RN

SOUTH MULBERRY

Kristina Gale, HCBS Coord

SOUTH RUSTIN

Shumbura Gameda, HCBS Assist.

PARK VIEW HOMES

Maria Reyes, RES Super
 Yazmine Heiskell, RLA
 Britta Whitlock, Cook
 Ebelyn Caceres, RLA
 Hibo Odawa, Diet Aide
 Abshiro Siidow, Diet Aide
 Dorraylan Spates, RLA

PIER CENTER

Alicia Richard, BEH Tech
 Alyssa Eberhardt, BEH Tech

COURAGE HOMES

Karla Lopez, RLA
 Tiffany Wilde, RLA
 Yoselin Rodriguez, RLA
 Christine Dreger, RLA
 Germaine Laclaire, RLA
 Earthleen Hackman, RLA
 Rande Laclaire, RLA
 Corrin Thompson, Diet Aide
 Whitney Eidenshink, RLA
 Asha Hussein, RLA
 Sommer Welch, RLA
 Irma Mendoza, RLA
 Terrence Pegram, RLA
 Skylar Tindle, RLA

BLUFF VIEW

Andrew Villeda, RLA
 Felisha Ibarria, RLA
 Jessica Holmes, RLA

January Birthdays

Hibo Odawa, 1st
 Abshiro Siidow, 1st
 Asha Hussein, 1st
 Katerina
 Fondoulakis-Listamann, 1st
 Brittney Lafleur, 2nd
 Amal Gelle, 3rd
 Kyla Barclay, 3rd
 Ruth Satterwhite, 3rd
 Shumbura Gameda, 4th
 Mark Koenigs, 5th
 Kristina Gale, 6th
 Julie Jenkins, 6th
 Christy Garcia, 6th
 Shana Belfiore, 9th
 Rachel Noske, 10th
 Mary Hacker, 10th
 Courtney Podczerwinski, 11th
 Suzanne Whitmore, 12th
 Ann Plooster, 15th
 Mary Beth Kirkegaard, 15th
 Tammy Brown, 15th

David Medick, 17th
 Frances De Jong, 17th
 Gage Sullivan, 18th
 Lakeisha Hayes, 18th
 Anne Bottesini, 19th
 Raylina Wimmer, 19th
 Linsey Massey Brown, 20th
 Loni Stief, 20th
 Dennis Allen, 21st
 William Flynn, 22nd
 Sejla Omerovic, 23rd
 Brenda Schweback, 24th
 Jennifer Hoover, 24th
 Edward Van Etten, 25th
 Felisha Ibarria, 26th
 Joann Spencer, 28th
 James Struthers, 28th
 Shawntell Hamman, 29th
 Heidi Pry, 29th
 Ailyn Bolanos, 30th
 Cari Sonney, 31st
 Teresa Rausch, 31st